



Personal Training

Work with one of our coaches to help develop a healthier you!

Individualized Training Package

(50-minute sessions)

Sessions include a comprehensive fitness assessment as well as creating effective workout routines to achieve one's personal fitness goals.

1 session, \$150

3 sessions, \$435

5 sessions, \$650

Duet Training Package

(50-minute sessions)

1 session, \$220

3 sessions, \$500

5 sessions, \$720

4525 Members receive a 10% discount on all personal training packages



To schedule your session and confirm availabilities or learn more about 4525 Membership, call us at **305.674.5540** or email **spa@nobuedenroc.com**.

All listed packages are paid in full and non-refundable. All sessions must be redeemed within 6 months of purchase. A 24-hour cancellation policy applies to all packages and, if cancelled within 24-hours, the guest will incur a \$65 fee.

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THE MEMBERSHIP CLUB

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